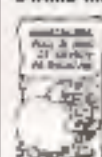


**Jordanian town in Dallas bomb plot faces hearing**

**That's filth! 'Osday' a hero and a hero**



**By Jonathan D. Uhl**  
and **John A. Robinson**  
SAN FRANCISCO (AP) — A federal judge on Tuesday ordered a hearing on whether a Jordanian man who helped the U.S. government in the 1990s should be deported to his home country, Jordan.

**WFP: Malakale shrouded efforts**

**Thousands flee severe floods in Bolivia**

**Torre, 2 others Pinoy bats share lead**

**Pagasa warns 'Pepeng' may come back**

By **Glenn Davis**

A POWERFUL 1954-1955 HANAN 197222 was enough to send the Philippines Department to pull a storm warning off its shelves. Latest test in the region for a second warning, however, was not.



Tuesday, December 16, 2008 P13

# Crop damage hits P6B

**But food stocks are adequate, assures Yap**

**By Leticia B. Acemera**  
and **Imogen M. Torres-Luzon**  
General Luzon and Southern Luzon

**DAMAGE TO CROPS AND** agribusiness infrastructure caused by the massive typhoon that hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The secretary said that the typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

**Sayanijuan folk grateful for safe haven**

**By Karen Lopez**  
Sayanijuan, Iloilo City, Philippines

**EXHAUSTED, LUGGERS, HURRICANE** hit the town of Sayanijuan, Iloilo City, Philippines, last week, according to Agriculture Secretary Gen. Arthur Yap.



**CRATERED BITE** A large, dark, textured object, possibly a piece of debris or a large animal, with the word 'TARAP' visible on it.



**CRATERED BITE** A large, dark, textured object, possibly a piece of debris or a large animal, with the word 'TARAP' visible on it.

## Classes resume but trauma lingers on

By **John L. Santos Jr.**

**CLASSES RESUME** but trauma lingers on in the aftermath of the typhoon that hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

**Why Lubao? Gov, bishop ask GMA on 33rd visit**

**By Catherine Capistrano**  
Lubao, Pampanga

**LUBAO, PAMPANGA** Gov. Manuel L. Tinay and Bishop Oscar S. Cruz are expected to visit Lubao, Pampanga, on the 33rd anniversary of the typhoon that hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

## FOR RELIEF EXPRESS Bicolanos repay kindness with kindness

By **John L. Santos Jr.**

**IN THE NAME** of the typhoon that hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

The typhoon hit the Philippines last week, according to Agriculture Secretary Gen. Arthur Yap.

20 74 33 11 6 10  
 1 2 3 4 5 6 7 8 9 10 11 12  
 13 14 15 16 17 18 19 20 21 22 23 24  
 25 26 27 28 29 30 31 32 33 34 35 36  
 37 38 39 40 41 42 43 44 45 46 47 48  
 49 50 51 52 53 54 55 56 57 58 59 60  
 61 62 63 64 65 66 67 68 69 70 71 72  
 73 74 75 76 77 78 79 80 81 82 83 84  
 85 86 87 88 89 90 91 92 93 94 95 96  
 97 98 99 100 101 102 103 104 105 106 107 108  
 109 110 111 112 113 114 115 116 117 118 119 120  
 121 122 123 124 125 126 127 128 129 130 131 132  
 133 134 135 136 137 138 139 140 141 142 143 144  
 145 146 147 148 149 150 151 152 153 154 155 156  
 157 158 159 160 161 162 163 164 165 166 167 168  
 169 170 171 172 173 174 175 176 177 178 179 180  
 181 182 183 184 185 186 187 188 189 190 191 192  
 193 194 195 196 197 198 199 200 201 202 203 204  
 205 206 207 208 209 210 211 212 213 214 215 216  
 217 218 219 220 221 222 223 224 225 226 227 228  
 229 230 231 232 233 234 235 236 237 238 239 240  
 241 242 243 244 245 246 247 248 249 250 251 252  
 253 254 255 256 257 258 259 260 261 262 263 264  
 265 266 267 268 269 270 271 272 273 274 275 276  
 277 278 279 280 281 282 283 284 285 286 287 288  
 289 290 291 292 293 294 295 296 297 298 299 300  
 301 302 303 304 305 306 307 308 309 310 311 312  
 313 314 315 316 317 318 319 320 321 322 323 324  
 325 326 327 328 329 330 331 332 333 334 335 336  
 337 338 339 340 341 342 343 344 345 346 347 348  
 349 350 351 352 353 354 355 356 357 358 359 360  
 361 362 363 364 365 366 367 368 369 370 371 372  
 373 374 375 376 377 378 379 380 381 382 383 384  
 385 386 387 388 389 390 391 392 393 394 395 396  
 397 398 399 400 401 402 403 404 405 406 407 408  
 409 410 411 412 413 414 415 416 417 418 419 420  
 421 422 423 424 425 426 427 428 429 430 431 432  
 433 434 435 436 437 438 439 440 441 442 443 444  
 445 446 447 448 449 450 451 452 453 454 455 456  
 457 458 459 460 461 462 463 464 465 466 467 468  
 469 470 471 472 473 474 475 476 477 478 479 480  
 481 482 483 484 485 486 487 488 489 490 491 492  
 493 494 495 496 497 498 499 500 501 502 503 504  
 505 506 507 508 509 510 511 512 513 514 515 516  
 517 518 519 520 521 522 523 524 525 526 527 528  
 529 530 531 532 533 534 535 536 537 538 539 540  
 541 542 543 544 545 546 547 548 549 550 551 552  
 553 554 555 556 557 558 559 560 561 562 563 564  
 565 566 567 568 569 570 571 572 573 574 575 576  
 577 578 579 580 581 582 583 584 585 586 587 588  
 589 590 591 592 593 594 595 596 597 598 599 600  
 601 602 603 604 605 606 607 608 609 610 611 612  
 613 614 615 616 617 618 619 620 621 622 623 624  
 625 626 627 628 629 630 631 632 633 634 635 636  
 637 638 639 640 641 642 643 644 645 646 647 648  
 649 650 651 652 653 654 655 656 657 658 659 660  
 661 662 663 664 665 666 667 668 669 670 671 672  
 673 674 675 676 677 678 679 680 681 682 683 684  
 685 686 687 688 689 690 691 692 693 694 695 696  
 697 698 699 700 701 702 703 704 705 706 707 708  
 709 710 711 712 713 714 715 716 717 718 719 720  
 721 722 723 724 725 726 727 728 729 730 731 732  
 733 734 735 736 737 738 739 740 741 742 743 744  
 745 746 747 748 749 750 751 752 753 754 755 756  
 757 758 759 760 761 762 763 764 765 766 767 768  
 769 770 771 772 773 774 775 776 777 778 779 780  
 781 782 783 784 785 786 787 788 789 790 791 792  
 793 794 795 796 797 798 799 800 801 802 803 804  
 805 806 807 808 809 810 811 812 813 814 815 816  
 817 818 819 820 821 822 823 824 825 826 827 828  
 829 830 831 832 833 834 835 836 837 838 839 840  
 841 842 843 844 845 846 847 848 849 850 851 852  
 853 854 855 856 857 858 859 860 861 862 863 864  
 865 866 867 868 869 870 871 872 873 874 875 876  
 877 878 879 880 881 882 883 884 885 886 887 888  
 889 890 891 892 893 894 895 896 897 898 899 900  
 901 902 903 904 905 906 907 908 909 910 911 912  
 913 914 915 916 917 918 919 920 921 922 923 924  
 925 926 927 928 929 930 931 932 933 934 935 936  
 937 938 939 940 941 942 943 944 945 946 947 948  
 949 950 951 952 953 954 955 956 957 958 959 960  
 961 962 963 964 96



Be the first to review this item. Log in to write a review.

As part of a 10-year research program on the use of chemical compounds to control insects, scientists at the University of California, Riverside, have found that a chemical called *fenoxycarb* can be used to control the growth of the invasive plant species *Prosopis juliflora* in the coastal areas of California. The chemical is also used to control the growth of the invasive plant species *Prosopis juliflora* in the coastal areas of California. The chemical is also used to control the growth of the invasive plant species *Prosopis juliflora* in the coastal areas of California.

[illegible]

© 2004 Blackwell Publishing Ltd, *Journal of Internal Medicine* 255: 103–110

Figure 1. The study area.

The U.S. Coast Guard's 10th anniversary is being celebrated in a number of ways. The Coast Guard is the only U.S. military service that is a part of both the Department of Defense and the Department of Transportation. The Coast Guard is the only U.S. military service that is a part of both the Department of Defense and the Department of Transportation. The Coast Guard is the only U.S. military service that is a part of both the Department of Defense and the Department of Transportation.

These moving costs have been estimated for the 1990s in the Yangtze River Economic Belt. Estimates in the Yangtze River Economic Belt are based on a 1990-1995 sample and are used by the Shanghai and Yunnan Studies.

[illegible]





## On World Teachers' Day, gov't hit for budget cuts

B. J. E. Mann

The Ministry of Government and Social Services has announced that it will be introducing a new set of regulations to govern the use of the word "gay" in the public sector. The regulations will require that the word "gay" be used only in the context of a person's sexual orientation, and not as a descriptor of a person's personality or behavior. The regulations will also require that the word "gay" be used only in the context of a person's sexual orientation, and not as a descriptor of a person's personality or behavior.

the budget, he has revised the anti-terrorism and intelligence bill to remove its \$2.2 billion.

"We've eliminated the drug interdiction funding, we've taken out the border security funding, we've eliminated the state of the globe program, there is a big hole in the budget," he says. "I don't think we can afford to do that. The Clinton administration is going to have to make a choice."

See the following: [see also](#) [Economic](#)  
[Economic](#) [Economic](#) [Economic](#)  
[Economic](#) [Economic](#) [Economic](#)  
[Economic](#) [Economic](#) [Economic](#)

**Supplier's cost advantage**

Copyright © 2004 by John Wiley & Sons, Inc.  
All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or by any information storage and retrieval system, without permission in writing from John Wiley & Sons, Inc.

Copyright © 2004 John Wiley & Sons, Inc.  
All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or by any information storage and retrieval system, without permission in writing from John Wiley & Sons, Inc.

There is no other way of doing this except by using a function that is not in the above definition, or passing around an extra argument.

© 1998 American Society for Microbiology  
All rights reserved. No part of this publication  
may be reproduced without permission in  
writing from the American Society for Microbiology.

FTT continues pending the decision of the House and Senate. Small, medium and large firms are being targeted and a timeline is being pursued.

1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 26



John G. Wynn  
Executive Director  
1-800-368-7263

1977-1980  
1981-1984  
1985-1988  
1989-1992  
1993-1996  
1997-2000  
2001-2004  
2005-2008  
2009-2012  
2013-2016  
2017-2020  
2021-2024  
2025-2028  
2029-2032  
2033-2036  
2037-2040  
2041-2044  
2045-2048  
2049-2052  
2053-2056  
2057-2060  
2061-2064  
2065-2068  
2069-2072  
2073-2076  
2077-2080  
2081-2084  
2085-2088  
2089-2092  
2093-2096  
2097-2100

The model presented in

© 2000 John Wiley & Sons, Inc.

© 2001 Blackwell Science Ltd  
Journal of Internal Medicine 250: 105–112

© 2000 Blackwell Science Ltd  
Journal of Internal Medicine 247: 395–401

### Neither rain nor flood could stop bar examinees

<b>Re: Plaintiff's</b>	<b>Page 1 of 1</b>
<b>Defendant's</b>	<b>Page 1 of 1</b>

10/200	10/200	10/200
10/200	10/200	10/200
10/200	10/200	10/200

[illegible]

1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 26

1990-1991	1992-1993
1994-1995	1996-1997
1998-1999	2000-2001

...the ...

Year	Age	Sex	Height (cm)	Weight (kg)	Body Mass Index (kg/m <sup>2</sup> )
1992	25	M	175	75	24.2
1993	26	M	178	80	25.1
1994	27	M	180	85	26.2
1995	28	M	182	90	27.2
1996	29	M	185	95	28.3
1997	30	M	188	100	29.4
1998	31	M	190	105	30.5
1999	32	M	192	110	31.6
2000	33	M	195	115	32.7
2001	34	M	198	120	33.8
2002	35	M	200	125	34.9
2003	36	M	202	130	36.0
2004	37	M	205	135	37.1
2005	38	M	208	140	38.2
2006	39	M	210	145	39.3
2007	40	M	212	150	40.4
2008	41	M	215	155	41.5
2009	42	M	218	160	42.6
2010	43	M	220	165	43.7
2011	44	M	222	170	44.8
2012	45	M	225	175	45.9
2013	46	M	228	180	47.0
2014	47	M	230	185	48.1
2015	48	M	232	190	49.2
2016	49	M	235	195	50.3
2017	50	M	238	200	51.4
2018	51	M	240	205	52.5
2019	52	M	242	210	53.6
2020	53	M	245	215	54.7
2021	54	M	248	220	55.8
2022	55	M	250	225	56.9
2023	56	M	252	230	58.0
2024	57	M	255	235	59.1
2025	58	M	258	240	60.2
2026	59	M	260	245	61.3
2027	60	M	262	250	62.4
2028	61	M	265	255	63.5
2029	62	M	268	260	64.6
2030	63	M	270	265	65.7
2031	64	M	272	270	66.8
2032	65	M	275	275	67.9
2033	66	M	278	280	69.0
2034	67	M	280	285	70.1
2035	68	M	282	290	71.2
2036	69	M	285	295	72.3
2037	70	M	288	300	73.4
2038	71	M	290	305	74.5
2039	72	M	292	310	75.6
2040	73	M	295	315	76.7
2041	74	M	298	320	77.8
2042	75	M	300	325	78.9
2043	76	M	302	330	80.0
2044	77	M	305	335	81.1
2045	78	M	308	340	82.2
2046	79	M	310	345	83.3
2047	80	M	312	350	84.4
2048	81	M	315	355	85.5
2049	82	M	318	360	86.6
2050	83	M	320	365	87.7
2051	84	M	322	370	88.8
2052	85	M	325	375	89.9
2053	86	M	328	380	91.0
2054	87	M	330	385	92.1
2055	88	M	332	390	93.2
2056	89	M	335	395	94.3
2057	90	M	338	400	95.4
2058	91	M	340	405	96.5
2059	92	M	342	410	97.6
206					

© 2000 Blackwell Science Ltd  
Journal of Internal Medicine 247: 105-112

Source: U.S. Census Bureau.  
 An earlier version of  
 this report was published in  
 1997.

சென்னை: 19.08.2019

**Call today**

**800-762-9222**

**www.hillrom.com**

**HILL ROM**

**XTREME  
MAGIC SING**

May Ingot sa mga  
nagapanggepi!  
Kito na tayo sa

**ORIGINALS**

*[Signature]*

**Enjoy 0% interest on  
any Product Bundle  
of your choice!**

**P644/110.**

For more information, visit us at [www.xtrememagicsing.com](http://www.xtrememagicsing.com)  
or call us at 0917-888-1101

More Complete Line of Financing Equipment

Excavators, Bulldozers, Graders, Compactors, Trucks, and more.

Call today for more information.

100% NEW MODEL & MAKE TRUCKS AT  
**AAA AUCTION MALINTA**  
 100% NEW MODEL & MAKE TRUCKS AT

**October 10 - 11, 2009**  
**ALL MAKE**  
**Auction Date:**  
**October 16 & 17, 2009**  
**Starts at 8:30AM Sharp**

**MANY NEW ARRIVALS  
FROM JAPAN**

 <p>New Model &amp; Make Truck</p>	 <p>New Model &amp; Make Truck</p>	 <p>New Model &amp; Make Truck</p>
 <p>New Model &amp; Make Truck</p>	 <p>New Model &amp; Make Truck</p>	 <p>New Model &amp; Make Truck</p>
 <p>New Model &amp; Make Truck</p>	 <p>New Model &amp; Make Truck</p>	 <p>New Model &amp; Make Truck</p>
 <p>New Model &amp; Make Truck</p>	 <p>New Model &amp; Make Truck</p>	 <p>New Model &amp; Make Truck</p>

100% NEW MODEL & MAKE TRUCKS AT  
**AAA AUCTION MALINTA**  
 100% NEW MODEL & MAKE TRUCKS AT



## We are here to help you.

PhilamLife extends its deepest sympathies to those affected by Typhoon Ondoy and Peping. We salute the courage and tenacity of our countrymen in these trying times. In our own small way, we would like to help.

If you are a PhilamLife policyholder affected by these natural disasters, you can call our hotline number listed below or visit the PhilamLife branch nearest you. Our branch officers are standing by to promptly attend to your request. Your claims and policy loans shall be processed with high priority.

We are also extending the grace period from 31 days to 51 days of the premium payments on individual policies due on September 1 to October 30, 2009 of PhilamLife policyholders residing in calamity areas.

**Hotline (02) 528 - 5453**

## WORLD CLASS SLIMMING, FITNESS, FACE AND SKIN BY SLIMMERS <sup>THE</sup> WORLD

**BUY 1 MONTH  
GET 1 MONTH  
FREE!**

**PLEASE**  
Remember Training and all the great benefits!

**SPECIAL OFFER**  
GOOD UNTIL 10PM TOMORROW!

1. 1st FREE TRIAL  
2. 1st FREE TRIAL  
3. 1st FREE TRIAL  
4. 1st FREE TRIAL  
5. 1st FREE TRIAL  
6. 1st FREE TRIAL  
7. 1st FREE TRIAL  
8. 1st FREE TRIAL  
9. 1st FREE TRIAL  
10. 1st FREE TRIAL  
11. 1st FREE TRIAL  
12. 1st FREE TRIAL  
13. 1st FREE TRIAL  
14. 1st FREE TRIAL  
15. 1st FREE TRIAL  
16. 1st FREE TRIAL  
17. 1st FREE TRIAL  
18. 1st FREE TRIAL  
19. 1st FREE TRIAL  
20. 1st FREE TRIAL  
21. 1st FREE TRIAL  
22. 1st FREE TRIAL  
23. 1st FREE TRIAL  
24. 1st FREE TRIAL  
25. 1st FREE TRIAL  
26. 1st FREE TRIAL  
27. 1st FREE TRIAL  
28. 1st FREE TRIAL  
29. 1st FREE TRIAL  
30. 1st FREE TRIAL  
31. 1st FREE TRIAL  
32. 1st FREE TRIAL  
33. 1st FREE TRIAL  
34. 1st FREE TRIAL  
35. 1st FREE TRIAL  
36. 1st FREE TRIAL  
37. 1st FREE TRIAL  
38. 1st FREE TRIAL  
39. 1st FREE TRIAL  
40. 1st FREE TRIAL  
41. 1st FREE TRIAL  
42. 1st FREE TRIAL  
43. 1st FREE TRIAL  
44. 1st FREE TRIAL  
45. 1st FREE TRIAL  
46. 1st FREE TRIAL  
47. 1st FREE TRIAL  
48. 1st FREE TRIAL  
49. 1st FREE TRIAL  
50. 1st FREE TRIAL  
51. 1st FREE TRIAL  
52. 1st FREE TRIAL  
53. 1st FREE TRIAL  
54. 1st FREE TRIAL  
55. 1st FREE TRIAL  
56. 1st FREE TRIAL  
57. 1st FREE TRIAL  
58. 1st FREE TRIAL  
59. 1st FREE TRIAL  
60. 1st FREE TRIAL  
61. 1st FREE TRIAL  
62. 1st FREE TRIAL  
63. 1st FREE TRIAL  
64. 1st FREE TRIAL  
65. 1st FREE TRIAL  
66. 1st FREE TRIAL  
67. 1st FREE TRIAL  
68. 1st FREE TRIAL  
69. 1st FREE TRIAL  
70. 1st FREE TRIAL  
71. 1st FREE TRIAL  
72. 1st FREE TRIAL  
73. 1st FREE TRIAL  
74. 1st FREE TRIAL  
75. 1st FREE TRIAL  
76. 1st FREE TRIAL  
77. 1st FREE TRIAL  
78. 1st FREE TRIAL  
79. 1st FREE TRIAL  
80. 1st FREE TRIAL  
81. 1st FREE TRIAL  
82. 1st FREE TRIAL  
83. 1st FREE TRIAL  
84. 1st FREE TRIAL  
85. 1st FREE TRIAL  
86. 1st FREE TRIAL  
87. 1st FREE TRIAL  
88. 1st FREE TRIAL  
89. 1st FREE TRIAL  
90. 1st FREE TRIAL  
91. 1st FREE TRIAL  
92. 1st FREE TRIAL  
93. 1st FREE TRIAL  
94. 1st FREE TRIAL  
95. 1st FREE TRIAL  
96. 1st FREE TRIAL  
97. 1st FREE TRIAL  
98. 1st FREE TRIAL  
99. 1st FREE TRIAL  
100. 1st FREE TRIAL

**Get lean, firm  
& sexy with a  
great skin.**



*"All our full  
programmes are  
guaranteed!"*

**BUY 15  
TREATMENTS  
GET 15  
FREE!**

**SPECIAL OFFER**  
GOOD UNTIL 10PM TOMORROW!

**Diamond Facial**

1. 1st FREE TRIAL  
2. 1st FREE TRIAL  
3. 1st FREE TRIAL  
4. 1st FREE TRIAL  
5. 1st FREE TRIAL  
6. 1st FREE TRIAL  
7. 1st FREE TRIAL  
8. 1st FREE TRIAL  
9. 1st FREE TRIAL  
10. 1st FREE TRIAL  
11. 1st FREE TRIAL  
12. 1st FREE TRIAL  
13. 1st FREE TRIAL  
14. 1st FREE TRIAL  
15. 1st FREE TRIAL  
16. 1st FREE TRIAL  
17. 1st FREE TRIAL  
18. 1st FREE TRIAL  
19. 1st FREE TRIAL  
20. 1st FREE TRIAL  
21. 1st FREE TRIAL  
22. 1st FREE TRIAL  
23. 1st FREE TRIAL  
24. 1st FREE TRIAL  
25. 1st FREE TRIAL  
26. 1st FREE TRIAL  
27. 1st FREE TRIAL  
28. 1st FREE TRIAL  
29. 1st FREE TRIAL  
30. 1st FREE TRIAL  
31. 1st FREE TRIAL  
32. 1st FREE TRIAL  
33. 1st FREE TRIAL  
34. 1st FREE TRIAL  
35. 1st FREE TRIAL  
36. 1st FREE TRIAL  
37. 1st FREE TRIAL  
38. 1st FREE TRIAL  
39. 1st FREE TRIAL  
40. 1st FREE TRIAL  
41. 1st FREE TRIAL  
42. 1st FREE TRIAL  
43. 1st FREE TRIAL  
44. 1st FREE TRIAL  
45. 1st FREE TRIAL  
46. 1st FREE TRIAL  
47. 1st FREE TRIAL  
48. 1st FREE TRIAL  
49. 1st FREE TRIAL  
50. 1st FREE TRIAL  
51. 1st FREE TRIAL  
52. 1st FREE TRIAL  
53. 1st FREE TRIAL  
54. 1st FREE TRIAL  
55. 1st FREE TRIAL  
56. 1st FREE TRIAL  
57. 1st FREE TRIAL  
58. 1st FREE TRIAL  
59. 1st FREE TRIAL  
60. 1st FREE TRIAL  
61. 1st FREE TRIAL  
62. 1st FREE TRIAL  
63. 1st FREE TRIAL  
64. 1st FREE TRIAL  
65. 1st FREE TRIAL  
66. 1st FREE TRIAL  
67. 1st FREE TRIAL  
68. 1st FREE TRIAL  
69. 1st FREE TRIAL  
70. 1st FREE TRIAL  
71. 1st FREE TRIAL  
72. 1st FREE TRIAL  
73. 1st FREE TRIAL  
74. 1st FREE TRIAL  
75. 1st FREE TRIAL  
76. 1st FREE TRIAL  
77. 1st FREE TRIAL  
78. 1st FREE TRIAL  
79. 1st FREE TRIAL  
80. 1st FREE TRIAL  
81. 1st FREE TRIAL  
82. 1st FREE TRIAL  
83. 1st FREE TRIAL  
84. 1st FREE TRIAL  
85. 1st FREE TRIAL  
86. 1st FREE TRIAL  
87. 1st FREE TRIAL  
88. 1st FREE TRIAL  
89. 1st FREE TRIAL  
90. 1st FREE TRIAL  
91. 1st FREE TRIAL  
92. 1st FREE TRIAL  
93. 1st FREE TRIAL  
94. 1st FREE TRIAL  
95. 1st FREE TRIAL  
96. 1st FREE TRIAL  
97. 1st FREE TRIAL  
98. 1st FREE TRIAL  
99. 1st FREE TRIAL  
100. 1st FREE TRIAL

CALL OUR ONE - STOP SUPER CENTERS FOR FITNESS, SKIN, BODY AND FACE.

**PHYSICIAN** **536-3333**

**SKIN** **525-8771**

**DIAMOND FACIAL** **521-SLIMMERS**

**1754663771**

[www.slimmerworld.com.ph](http://www.slimmerworld.com.ph) \* [inquire@slimmerworld.com.ph](mailto:inquire@slimmerworld.com.ph)



# Crop and agri infra damage hits P6 billion

**From report**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.



### Wanting Nutrition?

Make fruits part of your regular diet.

Washing, peeling, grating, and other methods guard against all sorts of health problems. For fruits, a continuous diet is often the best way to keep the body healthy.

MADE IN PHILIPPINES

### HYLA-NST

German-Engineered Water Filtrative Health Cleaning System

CALL FOR MORE FREE DEMO

0917-111-1111

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

**Members focus on Cerdillo**  
The typhoon season has begun to subside but the damage to the country's agricultural infrastructure and crops is still being assessed. The Department of Agriculture (DA) has estimated that the damage to the country's agricultural infrastructure and crops is still being assessed.

## 4th TOP MINDANAO ISLAND FAIR

October 1-3, 2010

Call for more information: 0917-111-1111

## 2nd Mindanao Investment Conference

October 1-3, 2010

Call for more information: 0917-111-1111

Call for more information: 0917-111-1111











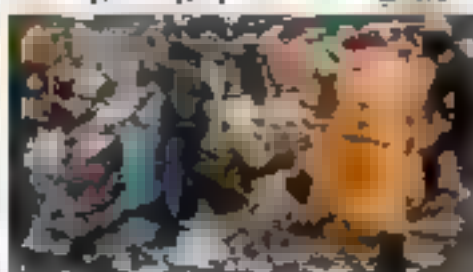




# A way to end the garbage problem?

LEONILYN

THE PROBLEM OF garbage disposal in the Philippines is a complex one. It is a problem that has been around for a long time, and it is a problem that is getting worse. The problem is not just the amount of garbage that is being produced, but also the way that it is being disposed of. In the past, garbage was often dumped in open areas, and this led to a lot of health problems. Today, the problem is even worse, as more and more people are moving to the cities, and this is leading to a huge increase in the amount of garbage that is being produced.



The problem is not just the amount of garbage that is being produced, but also the way that it is being disposed of. In the past, garbage was often dumped in open areas, and this led to a lot of health problems. Today, the problem is even worse, as more and more people are moving to the cities, and this is leading to a huge increase in the amount of garbage that is being produced.

## Cabinet shuffles PSW to health wing

THE DEPARTMENT OF HEALTH (DOH) has announced a cabinet shuffle, moving the Philippine Social Welfare (PSW) to the health wing. This move is part of a larger effort to streamline the government's social services and to ensure that they are better coordinated with the health sector. The PSW has been a part of the Department of Social Welfare and Development (DSWD) for many years, but the DOH believes that it is more effective to have it under its direct control.

## Go and find greater for Manila's health

MANILA, Philippines — The city of Manila is facing a serious health crisis, and the government is calling on citizens to go and find greater for the city's health. The crisis is caused by a combination of factors, including a lack of proper sanitation, a high population density, and a lack of access to clean water. The government is asking citizens to take action to improve the city's health, and to help the government in its efforts to address the crisis.

## Go and find greater for Manila's health

MANILA, Philippines — The city of Manila is facing a serious health crisis, and the government is calling on citizens to go and find greater for the city's health. The crisis is caused by a combination of factors, including a lack of proper sanitation, a high population density, and a lack of access to clean water. The government is asking citizens to take action to improve the city's health, and to help the government in its efforts to address the crisis.

**Extension of application for renewal of accreditation**

Application for renewal of accreditation for the year 2010.

For more information, please contact the Department of Health, Office of the Secretary, Manila.

**PHILIPPINE '09 WINE AND FOOD WEEK**

**Oct 10**

**The Biggest Wine and Food Festival in the Philippines**

2009 Oct 10-12

Manila Convention Center, Manila

For more information, please contact the Philippine Wine and Food Week, Manila.

## Go and find greater for Manila's health

MANILA, Philippines — The city of Manila is facing a serious health crisis, and the government is calling on citizens to go and find greater for the city's health. The crisis is caused by a combination of factors, including a lack of proper sanitation, a high population density, and a lack of access to clean water. The government is asking citizens to take action to improve the city's health, and to help the government in its efforts to address the crisis.

## Go and find greater for Manila's health

MANILA, Philippines — The city of Manila is facing a serious health crisis, and the government is calling on citizens to go and find greater for the city's health. The crisis is caused by a combination of factors, including a lack of proper sanitation, a high population density, and a lack of access to clean water. The government is asking citizens to take action to improve the city's health, and to help the government in its efforts to address the crisis.

## Go and find greater for Manila's health

MANILA, Philippines — The city of Manila is facing a serious health crisis, and the government is calling on citizens to go and find greater for the city's health. The crisis is caused by a combination of factors, including a lack of proper sanitation, a high population density, and a lack of access to clean water. The government is asking citizens to take action to improve the city's health, and to help the government in its efforts to address the crisis.





Relief workers and volunteers are seen tending to the needs of the victims of the recent typhoon in the Philippines. (Inset photo shows a relief worker tending to a victim.)

# Donations pour in for PDI drive

MANILA, Oct. 6 (PDI) — The Philippine Daily Inquirer's drive to raise funds for the victims of the recent typhoon in the Philippines has received a significant boost as donations pour in from across the country. The drive, which was launched last week, has already received over P1 million in donations from individuals, corporations, and organizations. The funds will be used to purchase relief supplies and provide financial assistance to the victims. The Inquirer's drive is part of a larger effort to provide relief to the victims of the typhoon, which has caused significant damage and loss of life in the Philippines. The drive is open to all who wish to contribute, and the Inquirer will continue to accept donations until the funds are exhausted.

# For Filipinos, God is always there in times of crisis

MANILA, Oct. 6 (PDI) — For many Filipinos, God is always present in times of crisis, providing comfort and strength. This is especially true for those who have been affected by the recent typhoon, which has caused significant damage and loss of life in the Philippines. Many people have turned to their faith in God for solace and support during these difficult times. They believe that God is always with them, and that He will provide for their needs and protect them from harm. This faith has helped many people to cope with the challenges they are facing and to find hope in the future. The typhoon has been a devastating event for the Philippines, but many people believe that God is always there to help them through their darkest hours.



A group of people gathered in a room, possibly a church, during a religious service or prayer session.

For many Filipinos, God is always present in times of crisis, providing comfort and strength. This is especially true for those who have been affected by the recent typhoon, which has caused significant damage and loss of life in the Philippines. Many people have turned to their faith in God for solace and support during these difficult times. They believe that God is always with them, and that He will provide for their needs and protect them from harm. This faith has helped many people to cope with the challenges they are facing and to find hope in the future. The typhoon has been a devastating event for the Philippines, but many people believe that God is always there to help them through their darkest hours.

# Bicolanos repay kindness with kindness

MANILA, Oct. 6 (PDI) — Bicolanos are known for their hospitality and kindness, and this is evident in the way they have responded to the recent typhoon. Many Bicolanos have been helping to provide relief supplies and financial assistance to the victims of the typhoon, who are struggling to recover from the damage. The Bicolanos' generosity and kindness have been a source of comfort and support for the victims, and they have helped to ease their suffering. The Bicolanos' response to the typhoon is a testament to their character and their commitment to helping others in need. They have shown that they are a caring and compassionate people, and that they are always ready to help those who are in trouble.

## Ateneo's annual 250-track carnival

MANILA, Oct. 6 (PDI) — Ateneo de Manila University is holding its annual 250-track carnival, which is one of the largest and most popular events in the Philippines. The carnival features a wide variety of activities, including sports, games, and performances. It is a great opportunity for students and faculty to have fun and enjoy each other's company. The carnival is also a source of funds for the university, which uses the money to support its various programs and services. The carnival is a well-organized and well-run event, and it is a testament to the university's commitment to providing a high-quality education and a supportive environment for its students and faculty.

# Classes resume but trauma lingers on

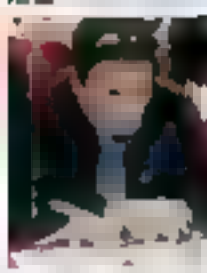
MANILA, Oct. 6 (PDI) — Classes have resumed at many schools in the Philippines, but the trauma of the recent typhoon lingers on. Many students and teachers are still dealing with the aftermath of the typhoon, and they are finding it difficult to return to normal. The typhoon has caused significant damage to schools, and many students have lost their homes and their loved ones. This has left them with a sense of loss and a feeling of helplessness. The trauma of the typhoon is still a major concern for many people in the Philippines, and it is important that the government and the community continue to provide support and assistance to the victims. The typhoon has been a devastating event for the Philippines, but many people believe that God is always there to help them through their darkest hours.

MANILA, Oct. 6 (PDI) — Classes have resumed at many schools in the Philippines, but the trauma of the recent typhoon lingers on. Many students and teachers are still dealing with the aftermath of the typhoon, and they are finding it difficult to return to normal. The typhoon has caused significant damage to schools, and many students have lost their homes and their loved ones. This has left them with a sense of loss and a feeling of helplessness. The trauma of the typhoon is still a major concern for many people in the Philippines, and it is important that the government and the community continue to provide support and assistance to the victims. The typhoon has been a devastating event for the Philippines, but many people believe that God is always there to help them through their darkest hours.

MANILA, Oct. 6 (PDI) — Classes have resumed at many schools in the Philippines, but the trauma of the recent typhoon lingers on. Many students and teachers are still dealing with the aftermath of the typhoon, and they are finding it difficult to return to normal. The typhoon has caused significant damage to schools, and many students have lost their homes and their loved ones. This has left them with a sense of loss and a feeling of helplessness. The trauma of the typhoon is still a major concern for many people in the Philippines, and it is important that the government and the community continue to provide support and assistance to the victims. The typhoon has been a devastating event for the Philippines, but many people believe that God is always there to help them through their darkest hours.







Cal's Calles have power late innings, but RP's Antonio, Torre, Laylo drive

# Torre, Antonio, Laylo power RP drive

Cal's Calles have power late innings, but RP's Antonio, Torre, Laylo drive

Cal's Calles have power late innings, but RP's Antonio, Torre, Laylo drive

Cal's Calles have power late innings, but RP's Antonio, Torre, Laylo drive

# PBL-Liga aces overwhelm college stars

PBL-Liga aces overwhelm college stars

PBL-Liga aces overwhelm college stars

PBL-Liga aces overwhelm college stars



Malaysia's PBL-Liga aces overwhelm college stars

# Patriots lap ex-PBA import, ex-Gator

Patriots lap ex-PBA import, ex-Gator

Patriots lap ex-PBA import, ex-Gator

Patriots lap ex-PBA import, ex-Gator

# Whoppers ready with or without Japeth

Whoppers ready with or without Japeth

Whoppers ready with or without Japeth

Whoppers ready with or without Japeth

# Malaysia's PBL-Liga aces overwhelm college stars

Malaysia's PBL-Liga aces overwhelm college stars

Malaysia's PBL-Liga aces overwhelm college stars

Malaysia's PBL-Liga aces overwhelm college stars

# Champions League Minda finals begins

Champions League Minda finals begins

Champions League Minda finals begins

Champions League Minda finals begins



# Derby top guns cobble in SLA Big Even, today

Derby top guns cobble in SLA Big Even, today

Derby top guns cobble in SLA Big Even, today

Derby top guns cobble in SLA Big Even, today

# Knights, Staglets capture NCAA chess plums

Knights, Staglets capture NCAA chess plums

Knights, Staglets capture NCAA chess plums

Knights, Staglets capture NCAA chess plums

## Haas grabs Sr Players plunk from Watson

[illegible]

**Djokovic 1st  
seed to gain  
Round 2 of  
China Open**

[illegible]

## Tigers, Twins forge playoff in AL Central

## Kuznetsova qualifies for Ericsson tilt

## Ochoa runs away with Navistar Classic crown

## Filipino triathletes face busy schedule

[illegible]

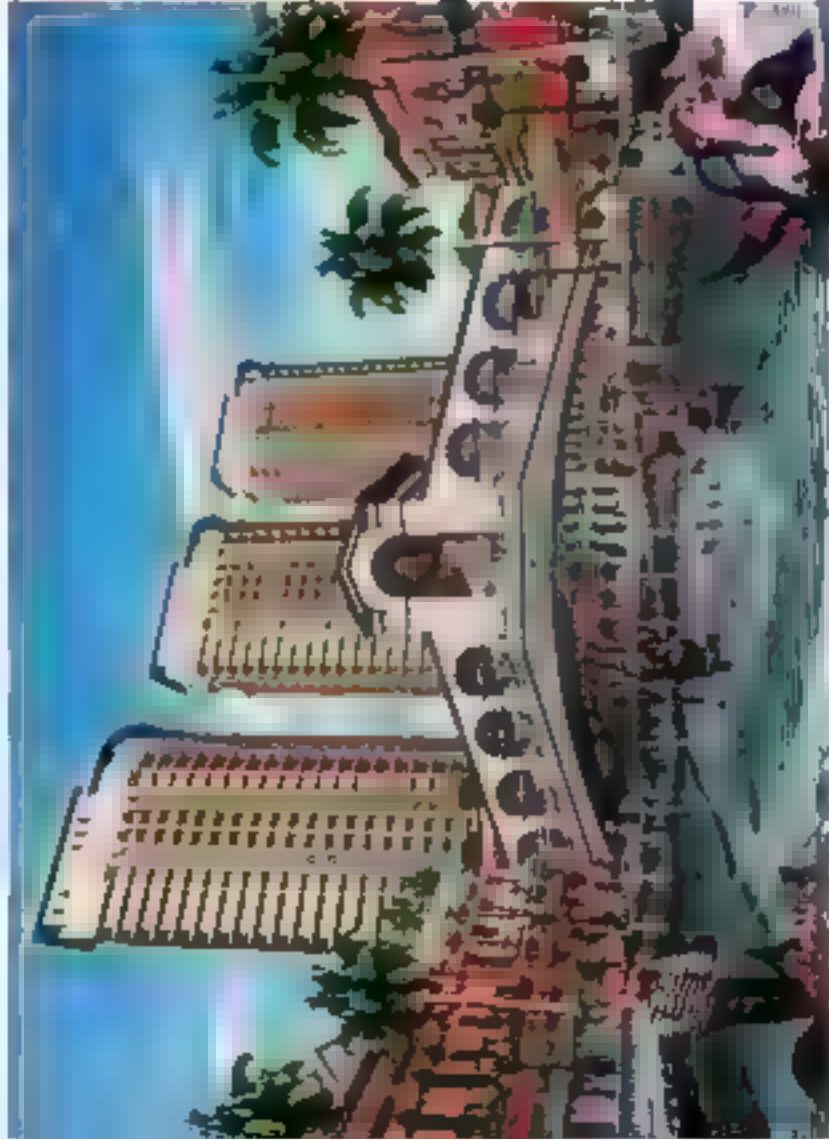
\* Even watching a basketball game helps




### Ahap boxoffs: Roach accepts RP SEAG team judging chore

The above passage is a translation of the text in the image. It is a short story about a man who is in love with a woman who is married to another man. The man is jealous and wants to be with the woman, but she is committed to her husband. The man is trying to win her back, but she is not interested. The story ends with the man realizing that he has lost her and that he should have been more honest with her from the beginning.




[illegible]



### Isang tulog lang may kotse ka na!

Loan approval in as fast as 24 hours

Apply now!



PSBank

## Muna gov't to relocate Laguna Lake residents

**By Myra Agnes**

**Manila** — The Department of Environment and Natural Resources (DENR) is planning to relocate residents living in the flood-prone areas of Laguna Lake, a move that could affect thousands of people.

The DENR is currently conducting a study to identify the areas that are most at risk of flooding. The study is part of a larger project to develop a flood management plan for the lake.

The plan includes the relocation of residents living in the flood-prone areas. The DENR is currently negotiating with the local government to acquire the land for the relocation.

The relocation is expected to be completed by 2025. The DENR is currently providing temporary housing for the residents who are being relocated.



At least 100 families are expected to be relocated from the flood-prone areas of Laguna Lake.

## Relocated families lose homes

**Manila** — A group of families who were relocated from their homes in the flood-prone areas of Laguna Lake are now facing the loss of their new homes. The families are claiming that the new homes are of poor quality and are not suitable for living.

The families are currently living in temporary housing provided by the government. They are demanding that the government provide them with permanent housing that is of good quality.

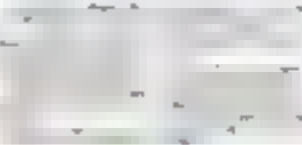
The government is currently negotiating with the families to resolve the issue. The government is offering to provide the families with new homes that are of better quality.

## Still no power in flood-hit areas

**DOH: No date set for restoring power in Cainta, Taguig, Marikina**

**Manila** — The Department of Health (DOH) is still unable to provide medical services to the residents of Cainta, Taguig, and Marikina due to the lack of power. The DOH is currently providing medical services to the residents of the affected areas through mobile clinics.

The DOH is currently negotiating with the local government to restore power to the affected areas. The DOH is also providing medical supplies to the residents of the affected areas.



## Rescued flood victim names baby Jahadon

**By Myra Agnes**

**Manila** — A flood victim who was rescued from a flooded area in Cainta, Taguig, and Marikina has been named Jahadon. The victim was a young boy who was found floating in the water. He was rescued by a group of people who were passing by.

The boy is currently in good health and is being cared for by his family. The family is grateful to the people who rescued their son.



## DOLE to send nurses to flood-hit barangays

**Manila** — The Department of Labor and Employment (DOLE) is sending nurses to the flood-hit barangays to provide medical services to the residents. The nurses are being sent to the affected areas to provide medical services to the residents who are unable to access medical services due to the lack of power.

The DOLE is also providing medical supplies to the residents of the affected areas. The DOLE is also providing financial assistance to the residents who are affected by the flooding.

**Mang Sig Moves to Discreet Place now**

The Mang Sig is now available in a more discreet location. The Mang Sig is a popular restaurant and bar that has been operating in the area for many years. The new location is more convenient for customers and provides a more comfortable atmosphere.

**MAN INSTITUTE OF REAL ESTATE**

The Man Institute of Real Estate is a leading institution for real estate education and training. The institute offers a variety of courses and programs for students who are interested in pursuing a career in real estate. The institute is committed to providing high-quality education and training to its students.





# \$300B lost: Super-rich in US getting poorer



David (77) Morgan

Many of the world's richest people are losing money, according to a new survey by the magazine *Forbes*. The survey, which is the most comprehensive yet, found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998. The survey also found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998.

The survey, which is the most comprehensive yet, found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998. The survey also found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998.

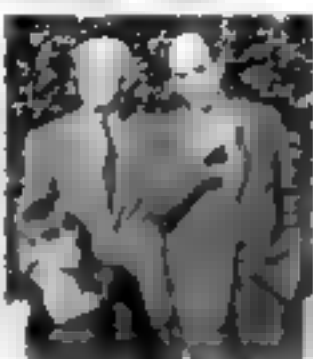
The survey, which is the most comprehensive yet, found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998. The survey also found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998.

The survey, which is the most comprehensive yet, found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998. The survey also found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998.

The survey, which is the most comprehensive yet, found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998. The survey also found that the net worth of the world's 1,000 richest people has fallen by more than \$300 billion since 1998.

## Landslide win for Greek Socialist Papandreu

Alexis Tsipras, leader of the Panhellenic Socialist Movement (PASD), won a landslide victory in the Greek general election on Sunday. Tsipras's party won 134 of the 300 seats in the Hellenic Parliament, a record for any party in the country's history. The victory marks a significant shift in Greek politics, as the PASD is the first socialist party to win the election since the end of the military dictatorship in 1974.



Alexis Tsipras, leader of the Panhellenic Socialist Movement (PASD), won a landslide victory in the Greek general election on Sunday.

## Italy court could strip Berlusconi of immunity

A court in Rome is considering whether to strip Silvio Berlusconi of his parliamentary immunity. Berlusconi, the leader of the center-right coalition, is facing charges of abuse of power and obstruction of justice. The court is expected to make a decision in the coming weeks. If the court strips Berlusconi of his immunity, he could face criminal charges and potentially be arrested.



Silvio Berlusconi, leader of the center-right coalition, is facing charges of abuse of power and obstruction of justice.

## The quest continues: A tablet computer that somebody wants

The quest for a tablet computer that is both powerful and portable continues. Several companies are working on developing new tablet devices that can rival the performance of laptops while maintaining the portability of a tablet. The challenge is to create a device that can handle complex tasks, such as multitasking and running demanding applications, while also being thin, light, and easy to use.

## Black market can circumvent sanctions on Iraq

The black market in Iraq is a major obstacle to enforcing international sanctions. Despite the fact that the United Nations has imposed strict sanctions on Iraq, the black market allows Iraqis to circumvent these sanctions and trade with the rest of the world. This has led to a significant loss of revenue for the UN and has made it difficult to enforce the sanctions. The UN is working to develop new strategies to combat the black market and enforce the sanctions.



## In US, a CEO who ruled from afar walked away rich

A CEO who ruled from afar has walked away rich. The CEO, who had been in charge of a large company for many years, had been known for his distant leadership style. Despite his reputation, he was able to build a successful company and accumulate a large fortune. The CEO's success was a testament to his vision and leadership, even though he was not always present in the day-to-day operations of the company.

The CEO, who had been in charge of a large company for many years, had been known for his distant leadership style. Despite his reputation, he was able to build a successful company and accumulate a large fortune. The CEO's success was a testament to his vision and leadership, even though he was not always present in the day-to-day operations of the company.

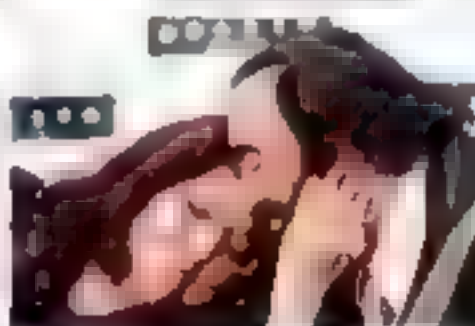
**Your Secret Partner to a Super \$ax Life**

...and more...

1. Համայնական - առ անհատական շահով  
 իր իր շահերը չսահմանափակելով



Argentine singer Sosa, who fought exiles with voice, dies at age 74



**Ill. 151) Unfinished Race Flags  
Off at Orthodox Home Depot**



**Trial to begin  
on plane with  
hyperthermia  
Christmas deaths**

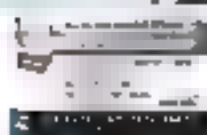
**Over 1M premature babies die each year**





# BUSINESS

Business News | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM



## RP: Maintain stimulus efforts

Export pickup seen in Q4

Central banks across the globe prefer to wait if stimulus is easy

By Phil Soto, U.S. Bureau

11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM

11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM



PHOTO: GETTY IMAGES  
A group of people, including a man in a suit and a woman, looking at a document or screen.

→ **IMC: 12.5% rate hike**  
IMC's 12.5% rate hike is a move to curb inflation, but it's also a move to curb growth.

→ **Reserve holding out**  
PFR 4th month of oil demand, but supply is still low.

→ **Local banks urged**  
to make full use of their 100% in a country of only 10.

In reserve mode, gov't lifts taxes, but no wage fix



By David M. Rosenberg



Higher RP growth may outpace China

By David M. Rosenberg

11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM

11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM

**Imagine the perfect house for your family.**

At the heart of every home is a family. And at the heart of every family is a house. A house that is perfect for your family. A house that is perfect for your family. A house that is perfect for your family.

At the heart of every home is a family. And at the heart of every family is a house. A house that is perfect for your family. A house that is perfect for your family. A house that is perfect for your family.

At the heart of every home is a family. And at the heart of every family is a house. A house that is perfect for your family. A house that is perfect for your family. A house that is perfect for your family.

11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM

11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM | 11:00 AM

Has it got much of its money

### Abstract

### Figure 2. The effect

*Englische, Mathematik und Deutsch: 1. Semester der Universität*

Mol. Cryst. Liq. Cryst., 1998, Vol. 329, No. 1, 111-116

## SMC cross sale marks start of share conversion

464 *Reviews*



1000

See any squares, 207

Journal of Management Inquiry 20(4) 407-421

1. *Journal of Management Education* 24(1): 10-12

doi:10.1017/S0022292412001597

intimus



# Napocor bidding out P19.4B worth of oil-based fuel supply deals

TVI&D completes \$6.8-M copper shipment to M&D

**By Amy R. Brown**

MANILA, Philippines (AP) — The National Power Corporation (Napocor) is bidding out a P19.4-billion worth of oil-based fuel supply deals for its power plants, a move that could significantly impact the market for oil-based fuels in the Philippines.

Napocor is the largest power utility in the Philippines, and its power plants are a major source of electricity for the country. The company is currently in the process of bidding out a large quantity of oil-based fuel supply deals for its power plants, which are expected to be completed by the end of the year.

The bidding process is expected to be a competitive one, with several companies vying for the contracts. The winning bidder will be responsible for supplying the fuel for Napocor's power plants for a period of several years.

The move is seen as a way for Napocor to secure a stable and affordable source of fuel for its power plants, which is crucial for ensuring a steady supply of electricity to the country.

## Pier drive

MANILA, Philippines (AP) — The Philippine Ports Authority (PPA) is planning to build a new pier in the Manila Bay area, a move that could significantly impact the shipping industry in the region.

The PPA is currently in the process of planning and designing the new pier, which is expected to be completed by the end of the year. The pier is located in the Manila Bay area, which is one of the busiest ports in the Philippines.

The new pier is expected to be a major hub for shipping activity in the region, and it is expected to significantly increase the capacity of the port. The pier is also expected to be a major source of revenue for the PPA.

The PPA is currently in the process of planning and designing the new pier, which is expected to be completed by the end of the year. The pier is located in the Manila Bay area, which is one of the busiest ports in the Philippines.

**TVI&D completes \$6.8-M copper shipment to M&D**

MANILA, Philippines (AP) — TVI&D has completed a \$6.8-million shipment of copper to M&D, a move that could significantly impact the copper market in the Philippines.

TVI&D is a major copper producer in the Philippines, and M&D is a major copper consumer. The shipment of copper from TVI&D to M&D is expected to be a significant one, and it is expected to significantly impact the copper market in the Philippines.

The shipment of copper from TVI&D to M&D is expected to be a significant one, and it is expected to significantly impact the copper market in the Philippines.

## Smaller games now clear

**By Amy R. Brown**

MANILA, Philippines (AP) — The Philippine Gaming Commission (PGC) is planning to clear smaller games, a move that could significantly impact the gaming industry in the Philippines.

The PGC is currently in the process of planning and designing the new games, which are expected to be completed by the end of the year. The games are located in the Manila Bay area, which is one of the busiest gaming areas in the Philippines.

The new games are expected to be a major hub for gaming activity in the region, and it is expected to significantly increase the capacity of the area. The games are also expected to be a major source of revenue for the PGC.

The PGC is currently in the process of planning and designing the new games, which are expected to be completed by the end of the year. The games are located in the Manila Bay area, which is one of the busiest gaming areas in the Philippines.

**RP bank**

MANILA, Philippines (AP) — The Philippine Bank (RP Bank) is planning to open a new branch in the Manila Bay area, a move that could significantly impact the banking industry in the Philippines.

The RP Bank is currently in the process of planning and designing the new branch, which is expected to be completed by the end of the year. The branch is located in the Manila Bay area, which is one of the busiest banking areas in the Philippines.

The new branch is expected to be a major hub for banking activity in the region, and it is expected to significantly increase the capacity of the area. The branch is also expected to be a major source of revenue for the RP Bank.

The RP Bank is currently in the process of planning and designing the new branch, which is expected to be completed by the end of the year. The branch is located in the Manila Bay area, which is one of the busiest banking areas in the Philippines.

**Waterfront Hotels sets up own call center**

MANILA, Philippines (AP) — Waterfront Hotels is planning to set up its own call center, a move that could significantly impact the hotel industry in the Philippines.

Waterfront Hotels is currently in the process of planning and designing the new call center, which is expected to be completed by the end of the year. The call center is located in the Manila Bay area, which is one of the busiest hotel areas in the Philippines.

The new call center is expected to be a major hub for hotel activity in the region, and it is expected to significantly increase the capacity of the area. The call center is also expected to be a major source of revenue for Waterfront Hotels.

Waterfront Hotels is currently in the process of planning and designing the new call center, which is expected to be completed by the end of the year. The call center is located in the Manila Bay area, which is one of the busiest hotel areas in the Philippines.

## Higher RP growth seen

**By Amy R. Brown**

MANILA, Philippines (AP) — The Philippine Economic Commission (PEC) is planning to see higher growth in the RP, a move that could significantly impact the economy in the Philippines.

The PEC is currently in the process of planning and designing the new growth strategy, which is expected to be completed by the end of the year. The strategy is located in the Manila Bay area, which is one of the busiest economic areas in the Philippines.

The new growth strategy is expected to be a major hub for economic activity in the region, and it is expected to significantly increase the capacity of the area. The strategy is also expected to be a major source of revenue for the PEC.

The PEC is currently in the process of planning and designing the new growth strategy, which is expected to be completed by the end of the year. The strategy is located in the Manila Bay area, which is one of the busiest economic areas in the Philippines.

## Shares close flat

**By Amy R. Brown**

MANILA, Philippines (AP) — The Philippine Stock Exchange (PSE) is planning to close its shares flat, a move that could significantly impact the stock market in the Philippines.

The PSE is currently in the process of planning and designing the new share structure, which is expected to be completed by the end of the year. The share structure is located in the Manila Bay area, which is one of the busiest stock market areas in the Philippines.

The new share structure is expected to be a major hub for stock market activity in the region, and it is expected to significantly increase the capacity of the area. The share structure is also expected to be a major source of revenue for the PSE.

The PSE is currently in the process of planning and designing the new share structure, which is expected to be completed by the end of the year. The share structure is located in the Manila Bay area, which is one of the busiest stock market areas in the Philippines.

## Export pickup seen in Q4

**By Amy R. Brown**

MANILA, Philippines (AP) — The Philippine Export Commission (PEC) is planning to see a pickup in exports in Q4, a move that could significantly impact the export market in the Philippines.

The PEC is currently in the process of planning and designing the new export strategy, which is expected to be completed by the end of the year. The strategy is located in the Manila Bay area, which is one of the busiest export areas in the Philippines.

The new export strategy is expected to be a major hub for export activity in the region, and it is expected to significantly increase the capacity of the area. The strategy is also expected to be a major source of revenue for the PEC.

The PEC is currently in the process of planning and designing the new export strategy, which is expected to be completed by the end of the year. The strategy is located in the Manila Bay area, which is one of the busiest export areas in the Philippines.

## U.S. gov't report questions finance rescue claims

## Station

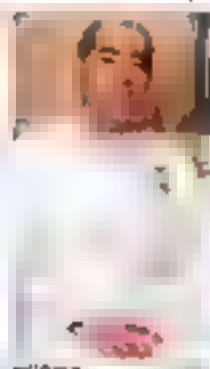
**DELIVERY  
HOTLINE**

**77-777**

**FREE!**

1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 26

## How to feel protected in times of emergency and crisis

[illegible]

doi:10.1017/S0007122612000096

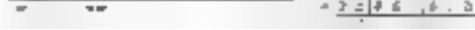
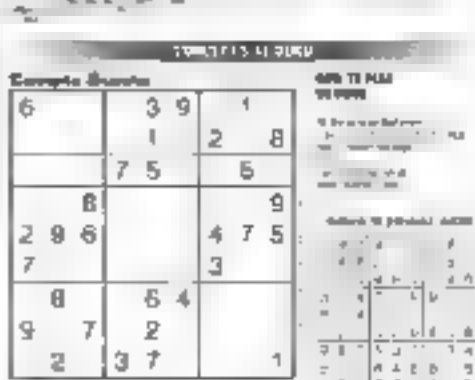
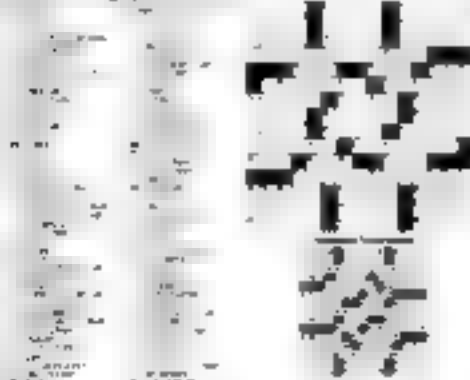
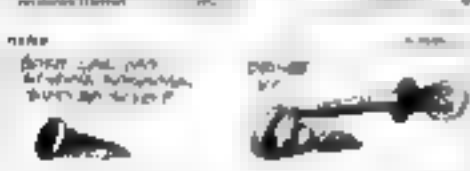
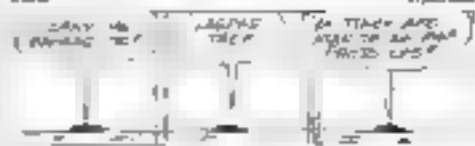
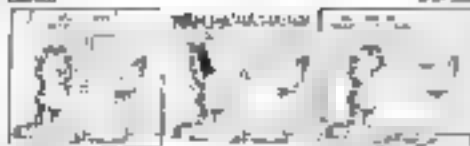
**SLEEPASIL**[illegible]



ComickRelief

ComickRelief

ComickRelief





# How to feel protected in times of emergency and crisis

By [Name]

When you're in a crisis situation, it's important to have a plan. Here are some tips to help you feel more prepared and protected.

**Emergency kit:** Make sure you have a kit with essentials like water, food, first aid, and a flashlight. Keep it in a safe, accessible place.

**Communication:** Have a way to stay in touch with loved ones. Consider having a backup plan for how you'll communicate if your primary method fails.

**Shelter:** Identify potential safe havens in your area, such as friends' homes or public buildings. Know the route to get there.

**Transportation:** If you have a car, make sure it's in good working order. If not, have a plan for how you'll get to your shelter.

**Documentation:** Keep important documents (ID, insurance, etc.) in a secure, portable location.

**Stress management:** Practice deep breathing or other relaxation techniques to stay calm during a crisis.

**Assembly:** Designate a meeting point for your family or group in case you need to evacuate. Make sure everyone knows the location.

**Evacuation routes:** Map out multiple ways out of your home or current location. Consider different scenarios and how you'll respond.

**First aid training:** Consider taking a first aid course to be better equipped to handle injuries.

**Legal matters:** Consult with a lawyer to ensure your will and other legal documents are up to date.

**Insurance:** Review your insurance policies to understand what is covered and what you need to do in the event of a claim.

**Community support:** Connect with neighbors or local community groups. They can provide additional resources and support.

## Caffeine can ease muscle pain

**Image Guy**  
[Image of a person]

Research shows that caffeine can help reduce muscle pain and inflammation. It works by blocking adenosine receptors in the brain, which helps to reduce the perception of pain.

**Science summary:** Caffeine has been shown to have analgesic properties, particularly in the context of muscle pain. It can also help to reduce the risk of injury by improving alertness and reaction time.

**Practical advice:** If you're experiencing muscle pain, a small amount of caffeine (like a cup of coffee) might help to ease the discomfort. However, it's not a long-term solution, and you should still consult a doctor for persistent pain.

**Warning:** Excessive caffeine consumption can lead to side effects like jitteriness, insomnia, and increased heart rate. Use it in moderation.

**Image Guy**  
[Image of a person]

Another study found that caffeine can help to improve muscle performance and reduce fatigue. This is because it increases the release of fatty acids from the liver, providing a source of energy for the muscles.

**Science summary:** Caffeine is known to enhance athletic performance by increasing the availability of energy stores in the body. It can also help to delay the onset of fatigue during physical activity.

**Practical advice:** Athletes often use caffeine as a performance enhancer. A small dose before exercise can help to improve endurance and speed.

**Warning:** Again, moderation is key. Too much caffeine can lead to dehydration and other health issues.

## How to cope with anxiety by nature

**Image Guy**  
[Image of a person]

Nature has a powerful way of helping us cope with anxiety. Spending time outdoors can reduce stress levels and improve mood. The fresh air, sunlight, and natural sounds can all have a calming effect on the mind.

**Science summary:** Studies have shown that exposure to nature can lead to lower levels of cortisol (the stress hormone) and higher levels of heart rate variability, which is a sign of better stress management.

**Practical advice:** Try taking a walk in a park, a hike, or even just sitting on a lawn. Focus on the sights and sounds around you to bring your mind back to the present moment.

**Warning:** While nature is a great coping mechanism, it's not a substitute for professional help if you're experiencing severe anxiety.

**Image Guy**  
[Image of a person]

Engaging in outdoor activities like gardening, hiking, or fishing can also be beneficial. These activities provide a sense of purpose and accomplishment, which can help to distract from anxious thoughts.

**Science summary:** Physical activity in nature combines the benefits of exercise with the calming effects of the outdoors. This can lead to a more significant reduction in anxiety symptoms.

**Practical advice:** Choose an activity that you enjoy and that you can do regularly. Consistency is key to seeing the benefits.

**Warning:** Be mindful of your surroundings when in nature. Some areas may have allergens or other environmental factors that could trigger anxiety.

## Are you a controlled or clean-plate club eater?

**Image Guy**  
[Image of a person]

There are two main eating styles: controlled eating and clean-plate eating. Controlled eaters are more mindful of their portion sizes and stop eating when they're full. Clean-plate eaters, on the other hand, tend to finish everything on their plate regardless of how full they are.

**Science summary:** Research suggests that controlled eaters are more likely to maintain a healthy weight and have better metabolic health. Clean-plate eating can lead to overeating and weight gain over time.

**Practical advice:** If you're a clean-plate eater, try to practice portion control. Use smaller plates and bowls, and listen to your body's hunger and fullness cues.

**Warning:** Don't feel guilty about your eating style. Everyone has different needs and preferences. The key is to be mindful and make healthy choices.

**Image Guy**  
[Image of a person]

Another study found that controlled eaters are more likely to have a diverse diet, which is important for overall health. They tend to eat a variety of foods, including fruits, vegetables, and whole grains.

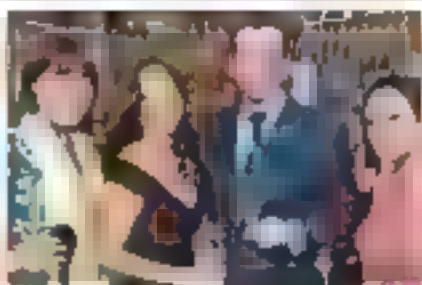
**Science summary:** A diverse diet provides a wide range of nutrients and antioxidants, which can help to reduce the risk of chronic diseases like heart disease and diabetes.

**Practical advice:** Aim to include a variety of food groups in your diet. Try new foods and recipes to keep your diet interesting and healthy.

**Warning:** Don't restrict yourself too much. A healthy diet should be balanced and enjoyable.



Left to right: actress Jessica Alba, actress Sandra Bullock, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.

# Moët & Chandon holds fundraising dinner for Vietnam Foundation



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



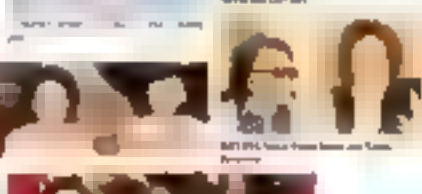
Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



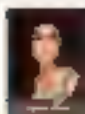
Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.



Left to right: actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry, actress Halle Berry.

# ENTERTAINMENT

John Bonner & Richard  
Bella del 'no PCW' SPOT 1-10 | Bella del 'no PCW' SPOT 1-10 | Bella del 'no PCW' SPOT 1-10



The actress Bella del 'no PCW' SPOT 1-10... Bella del 'no PCW' SPOT 1-10... Bella del 'no PCW' SPOT 1-10

HSBC

A Chivalry (Classic) Cello Sample for only P100.00! Get it now! with your HSBC! First Chivalry! Get it now! with your HSBC! First Chivalry!

## Film Council to send 26 filmmakers to Pusan festival

By Phil del E. Cruz

**T**HE FILM COUNCIL OF THE PHILIPPINES (FCP) will send a delegation of 26 filmmakers to the 35th Pusan International Film Festival (PIFF) in South Korea, which is scheduled to take place from October 14 to 24, 2010. The delegation will be led by FCP President and Chairman of the Board, Mr. Romeo B. Alcala, and will include 25 filmmakers from various Philippine film industries.

The Pusan International Film Festival is one of the most prestigious film festivals in the world, and it is a great opportunity for Philippine filmmakers to showcase their work to an international audience. The FCP is proud to represent the Philippine film industry at this event, and it is confident that the delegation will have a successful trip.

The delegation will be accompanied by a local film industry representative, and they will be staying at the Pusan Film Festival Hotel. The FCP is also sponsoring a local film festival in Pusan, which will take place from October 14 to 24, 2010. This festival will feature a selection of Philippine films, and it will be a great opportunity for the local film industry to showcase its work to an international audience.

### GREENHILLS CINEMAS

STARTING OCT. 7, 2010

Enjoy 20 cinema nights in PROMENADE

G-FORCE

### Greenhills Cinemas

PRIMENADE

the echo

THE HIGH-INTENSITY PULSING HOLLYWOOD DRAMA OF A PINKY BLOOMINGTON HONOR MOVIE

the echo

CAST: KAM LARANG, JESSE BRADY, JESSE BRADY, JESSE BRADY

GRAND OPENING TOMORROW

Each the songwriter of Rob Pattinson's "Never Think" from the TWILIGHT Soundtrack, coming with his self-titled album...

SAM BRADLEY

THE PODIUM

12 Kib Avenue, Greenhills, San Juan, Metro Manila

Meet & Greet at the PressCon: October 7, 8PM - 9PM

Mail Concert: October 13, 4PM - 5PM





# MOVIEWORLD

ROBINSONS MOVIEWORLD CINEMA MOVIE GUIDE

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>
7. <b>THE USUAL SUSPECTS</b>	8. <b>THE USUAL SUSPECTS</b>

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>



**WATCH IT LIVE VIA SATELLITE**  
of Sports Illustrated

**PACQUIAO VS. COTTO**  
WORLD CHAMPION vs. RIVAL  
BOUT

**BUY YOUR TICKETS NOW!**

**P350**  
PACQUIAO vs. COTTO

**P450**  
PACQUIAO vs. COTTO

**P300 / P250**  
PACQUIAO vs. COTTO

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>

## ADULTS ONLY

1. <b>THE USUAL SUSPECTS</b>	2. <b>THE USUAL SUSPECTS</b>
3. <b>THE USUAL SUSPECTS</b>	4. <b>THE USUAL SUSPECTS</b>
5. <b>THE USUAL SUSPECTS</b>	6. <b>THE USUAL SUSPECTS</b>

# MOVIEWORLD



*Cinema*

the art of the cinema

the art of the cinema

the art of the cinema



**The Green Film Festival**

A celebration of environmentally friendly and socially conscious films that inspire us to make a difference in the world.

Join us for a weekend of films that inspire us to make a difference in the world.



**IMAX**

Experience the world's largest screen in the heart of the city.

Join us for a weekend of films that inspire us to make a difference in the world.



Grid of movie posters including titles like 'The Usual Suspects', 'The Matrix', and 'The Usual Suspects'.



Grid of movie posters including titles like 'The Usual Suspects', 'The Matrix', and 'The Usual Suspects'.

